

**K.D. MOORE COMMUNITY DEVELOPMENT, INC. &
CLARKSTON FIRST BAPTIST CHURCH FAMILY LIFE CENTER PRESENTS...
NEW YEAR, NEW YOU...FITNESS PROGRAM**

Join the Family Life Center NIGHTLY FITNESS CLASSES
NEW SCHEDULE OF CLASSES: February 15th – March 24th

NEW FITNESS CLASS SCHEDULE

Mondays – 6:30pm – 7:30pm Boot Camp

Tuesdays – 6:30pm – 7:30pm After Burn with Tailor Made Fitness

Thursdays – 6:30pm – 7:30 Yoga*

***Denotes New Class**

**NO EXCUSE
ZONE**

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